



Cal Farley's Boys Ranch

Senior Self Sufficiency Preparation Check List

Resident Information	
Youth Name	
Residential Home:	
Caseworker:	

Cal Farley's Self-Sufficiency Preparation Check List

Documents

- Has a certified copy of their birth certificate and social security card.
- Has a "Records Book" that contains important papers.

Educational Planning

- Is enrolled in a post high school program in which he/she can succeed.
- Has completed Cal Farley Scholarship application if attending college.
- Has completed the FAFSA (Pell Grant) application.

Health

- Knows how to obtain medical insurance or is eligible for a Medicaid Card.
- Has had help getting copies of their medical records.
- Understands birth control.
- Knows how to access medical/dental care and understands proper use of emergency room.
- Has knowledge of chemical dependency.

Financial Planning

- Can youth use banking services, i.e. opening an account & check cashing & deposit money.
- Understands how to read a paycheck stub.
- Knows how to complete and file yearly tax returns.
- Understands budgeting and has a typical expenses that could be expected after graduation.
- Knows proper use of debit card

Community Resources

- Connected to different groups as appropriate, i.e. church, academic, clubs, organizations.
- Understands community resources post-graduation and knows how to access them.
- Has registered for the selective service at age 18 (males only)
- Has a list of important telephone numbers.

Food Management

- Knows how to cook three healthy meals.
- Understands how to use coupons and comparison shop.

Transportation

- Knows how to use the bus system and read bus schedules.
- Has a driver's license.
- Knows how to price car insurance.
- Is able to provide own transportation to school, work, etc.
- Knows basic car repair.
- Knows what to do if they are in a car accident.

Legal

- Understands legal penalties for various crimes, i.e. shoplifting, speeding ticket, inappropriate relationship with minor.
- Teach the youth how to find and retain a lawyer, and when to get one.

Housing

- Understands a rental or lease agreement and tenant and landlord rights.
- Has a safe, place to live after graduation.
- Knows whom to contact if utilities disconnected or heat goes out.

Job Seeking

- Can present a fully completed job application & resume.
- Has completed mock job interviews.
- Is able to get up and go to school or work in the morning and be on time without assistance.
- Knows to contact employer if late for work and knows what behaviors will get them fired.

Interpersonal Skills

- Is able to resist negative peer pressure.